



STUDENT SUCCESS @ MAC

F.Y.I: The Y.M.C.A. Youth Substance Abuse Program

The YMCA Youth Substance Abuse Program has designed a peer mentoring program to help youth interact with one another to gain more education about the harms related to drug use and to discuss strategies for reducing risks such as disease and injury.

Over the course of the year, YSAP counsellors will work with our senior students to provide them with in-depth education about harm reduction, facts on drugs and alcohol, drug and alcohol user stereotypes, boundaries, confidentiality, leadership skills, role playing, and community resources. After their training, you, the peer mentors will not only conduct your own presentation for junior students about substance abuse, but will you will also visit Grade 9 and 10 classes following the assembly. This gives participants the opportunity to ask questions of the peer mentors and their adult supervisors, such as YMCA Youth Substance Abuse Program counsellors, Toronto Public Health nurses, and Toronto District School Board social workers.

YSAP Training Sessions

DATE	DAY & PERIOD	ROOM
October 13th, 2010	Day 1/Period 2/ 10:09-11:25	130
October 27th, 2010	Day 3/ Period 2/ 10:09-11:25	130
November 10th, 2010	Day 1/ Period 4/ 12:44-2:00	130
November 24th, 2010	Day 2/ Period 2/ 10:09-11:25	130
December 8th, 2010	Day 4/ Period 4/ 12:44-2:00	130
January 12th, 2011	Day 3/ Period 3/ 11:28-12:44	130
February 2nd, 2011	Day 4/ Period 3/ 11:28-12:44	130
February 16th, 2011	Day 2/ Period 5/ 2:03-3:19	130
March 9th, 2011	Day 3/ Period 5/ 2:03 – 3:19	130
March 24th, 2011 Assembly & Workshops	Period 1 Assembly Periods 2-5 Workshops	Auditorium T.B.A.

Snacks will always be provided !